

NADINE O'SULLIVAN

~ CLASSICAL DRESSAGE ~ WORKING EQUITATION ~

“ The horse is doing the best job he can with the information you have provided”

There is so much to love about this quote. Indeed, communication between a horse and rider should be a two-way street and explained with a vocabulary that both understand and learn together. As soon as a difficulty or plateau appears in your training you have a clear communication built on knowledge, skills and mutual respect, that you can call upon to improve and learn from the experience.

I have travelled to many countries seeking out instructors that I can learn from and it is directly related to where I find happy healthy horses that are shown their balance truly dance and enjoy their partnership, in fact, thrive on interaction with their person.

My philosophy and formal training is steeped in Classical Equitation that has been perpetuated for centuries and endures the modern flavours and competition arenas. I am a Licensed Philippe Karl Instructor, Working Equitation Judge and Competitor, and former State Squad FEI Dressage member.

My inspiration and knowledge have been acquired travelling to and training with incredible trainers such as:

- ❖ Philippe Karl (France) ~ Ecole de Legerete' / School of Lightness
- ❖ Sylvia Stoessel (Switzerland) ~ Master Teacher, my current instructor in Ecole de Legerete'
- ❖ Melanie Bulmahn (Germany) ~ Master Teacher, my current instructor in Ecole de Legerete'
- ❖ Hartmut Schmidt (Germany) ~ former trainer and assistant to Willi Schultheiss at Warendorf
- ❖ Julica Valentiner (Germany) ~ Seat Specialist, “Sitzkunst”: The Art of Sitting on a Horse
- ❖ Eduardo Almeida (Portugal) ~ World Champion Working Equitation Instructor
- ❖ Noora Enhqvist (Finland) ~ Liberty and Communicator Specialist ~ “Zensive Horse”

You could call me a student of the Horse. My intention is how not to interfere with what nature has gifted the horse, but to develop the paces through correct self-carriage, biomechanics and rider education. I have competed extensively at FEI level with several horses, but my passion is now in training and bringing Classical Dressage into the arena of Working Equitation.

I am studying Physiotherapy and the remarkable parallels to horses have brought another dimension to my teaching. Horses are not anatomically designed for riding so building core strength, identifying compensations, incorrect movement patterns and teaching the horse another way of moving, is my specialty. I start with inhand work, teaching the riders and horses skills that will lead to successful riding whether is it competition or recreational.

I regularly travel to capital cities in Australia: Sydney, Melbourne and Canberra as well as running a fulltime business of teaching, training, competing and breeding at home in Ovens, Victoria. This year I was invited to Oregon, USA to teach and compete at the Cross National Camp and WE United Competition. I competed very successfully with the beautiful Andalusian mare CDC Memoria. I will return in October to give clinics and compete again. I have been invited to teach in New Zealand later in the year and look forward to meeting beautiful horses and their people.

For further information or to book a clinic : nadine.osullivan@bigpond.com.
My facebook page: <https://www.facebook.com/ElevatedEquestrianRimini/>



